



HOLISTIC SPA DAY

MIND & BODY

95€ pp

Enjoy a wellness getaway to relax and recharge.

Breakfast (fruit, juices, toast, eggs, and sweet options)

Holistic craniofacial massage 30 min

Water circuit 60 min

Gym 60 min

O2 BODY

145€ pp

Immerse yourself in holistic experiences that harmonize your body, mind, and spirit.

Breakfast (fruit, juices, toast, eggs, and sweet options)

Yoga & Breathing meditation 80 min

Reflexology massage 40 min

Water circuit 60 min

Gym 60 min

MIND & BODY DETOX

185€ pp

Purify your mind and body through our holistic treatment.

Yoga & Breathing meditation 80 min

Detox treatment (draining massage & pressotherapy) 60 min

Water circuit 60 min

Gym 60 min

Multivitamin and protein-rich meal at Bruna restaurant
Includes a starter, a main course, dessert, and infused water

Reserve:

spa@serrashotels.com | 00 376 751 150

Subject to availability, until November 30, 2024